



Lunch Menu

Monday - Tuesday - Wednesday - Thursday - Friday

12:00 pm

\$ 3.00 Contribution



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Mon	Tues	Wed	Thurs	Fri
	<p><i>“May good luck be with you wherever you go, and your blessings outcome the Shamrocks that grow.”</i></p>		<p><u>March 1-</u> Chicken Breast Sandwich Cabbage Beef Soup Petite Banana</p> <p>&</p> <p>*Soup or Stew Day</p>	<p><u>March 2-</u> Broccoli Cheese Quiche Green Beans Carrots Orange juice 12 Grain Bread Pears</p>
<p><u>March 5-</u> Chicken Cordon Bleu Mashed Potatoes Gravy Green Peas Wheat Bread Peaches</p>	<p><u>March 6-</u> Ham, Turkey, Roast Beef Sandwich and Soup</p>	<p><u>March 7-</u> Ground Beef Tortilla Shredded Cheese Sour Cream, Salsa, Tomatoes, Lettuce Vegetable Soup Fresh Apple</p>	<p><u>March 8 -</u></p>	<p><u>March 9-</u> Veggie Meatballs Pasta & Sauce Minestrone Italian Bread Pineapple </p>
<p><u>March 12-</u> Pub Burger Chopped Onion Corn Broccoli Hamburger Bun Apricots</p>	<p><u>March 13-</u> Ham, Turkey, Roast Beef Sandwich and Soup</p>	<p><u>March 14-</u> Individual Meat Loaf Vegetable Gray Smashed Potatoes Beets Wheat Bread Pears</p>	<p><u>March 15-</u> BBQ Pulled Pork Baked Potato Mixed Vegetables 12 Grain Bread Fresh Apple</p>	<p><u>March 16-</u> Macaroni & Cheese Stewed Tomatoes Zucchini Green Beans Wheat Bread Mandarin Oranges</p>
<p><u>March 19-</u> Baked Potato Broccoli Cheese Sauce, Sour Cream Lentil & Black Bean Soup Pears</p>	<p><u>March 20-</u> Ham, Turkey, Roast Beef Sandwich and Soup</p>	<p><u>March 21-</u> Chicken ala King Grape Juice Peas Carrots Warm Biscuit Petite Banana</p>	<p><u>March 22-</u></p> <p>*Club Dinner Call 444-0159</p>	<p><u>March 23-</u> Breaded Haddock Coleslaw California Blend Vegetables Wheat Bread Fruit Cocktail </p>
<p><u>March 26-</u> Goulash w/ Ground Beef Beets Green Beans Pumpnickel Bread Mandarin Oranges</p>	<p><u>March 27-</u> Fajita Chicken Tortilla Cheese, Lettuce, Tomato Salsa, Sour Cream Navy Bean Soup Brown Rice Kiwi</p>	<p><u>March 28-</u> Steak Diane Mushroom Sauce Twice Mashed Potatoes Oriental Blend Vegetables Whole Grain Roll Banana Cream Pie</p>	<p><u>March 29-</u> Baked Ham Pineapple Sauce Smashed Potatoes Malibu Blend Vegetables Whole Grain Roll Coconut Cake</p>	<p><u>March 30-</u></p> <p>Center Closed</p>



Come and Join Us For Lunch
Call for Reservations 334-4030

Certified by Mary Apps, MS, RD, CDN

*= Meal is NOT certified by MCOFA Dietitian or provided by ABVI

