

TINKER PARK HERB GARDEN

Code: P = Perennial, B = Biennial, A = Annual, DR = Deer Resistant, Poll = Attracts Pollinators
 S = Full Sun, S/PS= Sun/Part Shade, S = Shade

Common Name	Botanical Name	Characteristics	Uses
Anise Hyssop	<i>Agastache foeniculum</i>	P, DR, Poll, S	licorice flavor, tea & potpourri
Artemisia	<i>Artemisia abrotanum</i>	P, S, A	cola flavor, salad, tea, baking
Basil	<i>Ocimum basilicum</i>	A, S, Poll, DR	European & Asian cuisine, pesto & sauces
Bee Balm	<i>Monarda didyma 'Jacob Cline'</i>	P, S/PS, DR, Poll	tea, fragrance, digestive
Borage	<i>Borago officinalis</i>	A, S, Poll	cucumber taste, salad, tea, edible flowers, blue dye
Bronze Fennel	<i>Foeniculum vulgare 'Rubrum'</i>	P, DR, S, Poll	soups & stews, fish, perfumes & cosmetics
Calendula	<i>Calendula officinalis</i>	A, S/PS	peppery taste, edible flowers, soups & salads, tea
Caraway	<i>Carum carvi</i>	B or A, S/PS	soups & stews, salads, fermenting, breads, tea, edible seeds
Catmint	<i>Nepeta lamiaceae</i>	P, DR, Poll, S	minty scent meats, soups & stews, tea
Chervil	<i>Anthriscus cerefolium</i>	B, S/PS	parsley substitute, salads & sauces, <i>fines herbes</i> ingredient
Chives	<i>Allium schoenoprasum</i>	P, S/PS, DR	edible flowers, mild onion flavor, soups & salads, butter
Cilantro	<i>Coriandrum sativum</i>	B, S/PS, DR	Indian & Asian cuisine, meat, poultry, salad, edible seeds
Cornflower	<i>Centaurea cyanus</i>	A, S/PS, Poll	spicy-clove taste, salad, tea, edible flowers
Dill	<i>Anthem graveolens</i>	A, S, DR, Poll	salad & soup, fish, pickles
Feverfew	<i>Tanacetum parthenium</i>	P, S/PS Poll, DR	insecticide
Germander	<i>Teucrium chamaedrys</i>	P, S, DR	inflammatory conditions including fever, arthritis
Lavender	<i>Lavendula officinalis</i>	P, S, Poll, DR	jam, sauce, <i>Herbes de Provence</i> ingredient, aromatic
Lemon Balm	<i>Melissa officinalis</i>	P, S, Poll, DR	salad, jam, marinade for lamb & fish
Lemon Thyme	<i>Thymus citriodorus</i>	P, S, DR	bouquet garni & <i>Herbes de Provence</i> ingredient
Lemon Verbena	<i>Aloysia citriodora</i>	P, S, DR	soups & stews, chicken, sauces, tea, aromatic
Lovage	<i>Levisticum officinale</i>	P, S/PS	salad, soups & stews, seafood chowders, edible seeds
Marjoram	<i>Origanum majorana</i>	A, S, DR	oregano substitute, soups, stews & sauces, vegetables
Nasturtium	<i>Tropaeolum majus</i>	A, S, Poll	edible flowers & leaves, salads, stuffed with cheese

Oregano	<i>Origanum vulgare</i>	P, S, Poll, DR	meat, fish, eggs, vegetables, sauces
Parsley	<i>Petroselinum crispum</i>	B, S/PS	salads, soups & stews, vegetables, chicken, fish, eggs
Perilla	<i>Perilla frutescens</i>	A, S	basil substitute, soups & stews, meat, pickled
Rosemary	<i>Salvia rosmarinus</i>	A, S, DR	bread, <i>Herbes de Provence</i> , poultry, meat, vegetables, salad
Rue	<i>Ruta graveolens</i>	P, S, DR	tea, medicinal
Sage	<i>Salvia officianalis</i>	P, S, Poll, DR	sauces, vegetables, stuffing, meat, poultry
Sorrel	<i>Rumex sanguines</i>	P, S/PS	salad, sauces, soups & stews, vegetables, meat, fish
Stevia	<i>Stevia rebaudiana</i>	A, S	sweet taste, sugar substitute, baking, tea
Summer Savory	<i>Satureja hortensis</i>	A, S/PS	<i>Herbes de Provence</i> , cheese, meat, poultry, fish, soup
Tarragon	<i>Artemisia dracunculus</i>	P, S/PS, DR	<i>fines herbes</i> ingredient, sauces, stews, poultry, fish
Thyme	<i>Thymus vulgaris</i>	P, S/PS, DR	<i>bouquet garni</i> & <i>Herbes de Provence</i> ingredient
Winter Savory	<i>Satureja montana</i>	P, S	meat, fish, stuffing, stews, cheese
Yarrow	<i>Achillea millefolium</i>	P, S/PS, DR	medicinal

Recommended Reading & Sources:

The Herbal Handbook by The New York Botanical Garden (Clarkson Potter Publishers, 2022)

The Spice Companion: A guide to the World of Spices, by Loir Iev Sercarz (Clarkson Potter Publishers, 2016)

The New American Herbal, by Stephan Orr (Clarkson Potter Publishers, 2014)

The Cook's Herb Garden, by Jeff Cox and Marie-Pierre Maine (Darling Kindersley Ltd., 2010)

The New Age Herbalist, by Richard Maybe, Ed. (Macmillan Publ., 1988)

The Pleasure of Herbs: A Month by Month Guide to Growing, Using, and Enjoying Herbs, by Phyllis Shaudys (Story Communications, Inc., 1986)